

The Perfect Wisdom of the Heart Sutra

Avalokitesvara Bodhisattva, when practicing deeply the Perfect Wisdom clearly saw that all five Skandhas are empty and passed beyond all suffering.

Sariputra, form does not differ from emptiness: Emptiness does not differ from form. Form then is emptiness. Emptiness then is form. Sensation, perception, volition, and consciousness, are also like this.

Sariputra, all Dharmas are marked with emptiness: not born and not dying, not stained and not pure, not gaining and not losing. Therefore, in emptiness there is no form, no sensation, perception, volition or consciousness. No eye, ear, nose, tongue, body or mind; nor form, sound, smell, taste, touch, or Dharmas; no realm of sight 'til we come to no realm of consciousness; no ignorance and no ending of ignorance, 'til we come to no old age and death, and no ending of old age and death. No suffering, origination, extinction, or path. No wisdom, and no attainment, with nothing to attain.

Because the Bodhisattva is the Perfect Wisdom of emptiness, his mind has no hindrance. Having no hindrance, there is no fear and far from all fantasy, he is dwelling in Nirvana.

Because all Buddhas of the three times practice the wisdom of emptiness, they gain complete and perfect enlightenment.

Therefore know, that Perfect Wisdom, is the great holy mantram, the great bright mantram, the wisdom mantram, the unequaled mantram, which can destroy all suffering---truly real and not false. So he gave the Perfect Wisdom mantram, which goes;

Ga te Ga te, Pa ra Ga te,
Pa ra sam Ga te,
Bodhi Swaha.